

WEEK 1* 2021: 23rd August, 13th September, 4th October, 25th October, 15th November, 6th December,
2022: 3rd January, 24th January, 14th February, 7th March, 28th March, 18th April, 9th May, 30th May, 20th June, 11th July.

OPTION ONE	Organic Beef Chilli	Toad in the Hole	Roast Loin of Pork & Apple Sauce	Margherita Pizza	Fish Fingers or Salmon Fingers
OPTION TWO	Homemade Vegetable Pasty	Vegetarian Sausage Toad in the Hole	Cheese & Baked Bean Puff	Roasted Pepper Pizza	Quorn Dippers

NB. Child has **either option one every day each week** (meat menu) or has the vegetarian menu shown under Option 2 **every day each week**. The school office needs one week's notice of any changes to lunchtime arrangements. Thank you.

CARBS	Fluffy Rice Parsley Potatoes	Roast Potatoes ½ Jacket Potato	Creamy Mashed Potatoes	½ Jacket Potato Jewelled Cous Cous	Chips Minted Potatoes
VEGETABLES	Roasted Vegetables	Peas Cauliflower	Carrots Broccoli	Sweetcorn Green Beans	Baked Beans Peas
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Rhubarb & Custard Cake	Apple Berry Fool	Cheese & Biscuits	Dutch Apple Cake	Vanilla Ice-cream

WEEK 2* 2021: 30th August, 20th September, 11th October, 1st November, 22nd November, 13th December,
2022: 10th January, 31st January, 21st February, 14th March, 4th April, 25th April, 16th May, 6th June, 27th June, 18th July.

OPTION ONE	Organic Minced Beef Casserole with Dumplings	Roast Chicken & Stuffing	Sausage in Onion Gravy	Macaroni Cheese	Battered Fish
OPTION TWO	Vegetable Casserole with Dumplings	Roast Quorn Fillet & Stuffing	Vegetable Sausage in Onion Gravy	Leek & Butter Bean Crumble	Vegetable Nuggets

NB. Child has **either option one every day each week** (meat menu) or has the vegetarian menu shown under Option 2 **every day each week**. The school office needs one week's notice of any changes to lunchtime arrangements. Thank you.

CARBS	Roast Potatoes Potatoes in Skins	Parsley Potatoes ½ Jacket Potato	Creamy Mashed Potatoes	Garlic Bread Potatoes in Skins	Chips Fluffy Rice
VEGETABLES	Green Beans Carrots	Peas Cauliflower	Medley of Roasted Vegetables	Broccoli Carrots	Baked Beans Sweetcorn
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Berry Cheesecake	Chocolate Sponge & Chocolate Sauce	Lemon Drizzle Cake	Orange Jelly with Mandarins	Strawberry Ice-cream

WEEK 3* 2021: 6th September, 27th September, 18th October, 8th November, 29th November, 20th December,
2022: 17th January, 7th February, 28th February, 21st March, 11th April, 2nd May, 23rd May, 13th June, 4th July, 25th July.

OPTION ONE	Organic Meatballs in a Homemade Sauce	Garlic Mushroom Pizza	Roast Beef & Yorkshire Pudding	Chicken & Vegetable Pie	Fish Fingers or Salmon Fingers
OPTION TWO	Carrot Bites in a Homemade Tomato Sauce	Margherita Pizza	Mixed Bean Tagine	Creamy Vegetable Pie	Vegetable Fingers

NB. Child has **either option one every day each week** (meat menu) or has the vegetarian menu shown under Option 2 **every day each week**. The school office needs one week's notice of any changes to lunchtime arrangements. Thank you.

CARBS	½ Jacket Potato Fluffy Rice	Pasta Shells Parsley Potatoes	Roast Potatoes Roasted Vegetable Cous Cous	Creamy Mashed Potatoes	Chips Pasta Shapes in a Homemade Tomato Sauce
VEGETABLES	Carrot Rounds	Cauliflower Roasted	Peas Mashed Swede	Sweetcorn Green Beans	Baked Beans Minted Peas
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Peach & Raspberry Crumble & Custard	Banana Cupcake	Orange Drizzle Cake	Apple Sponge & Custard	Vanilla Ice-cream

